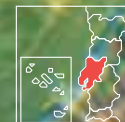


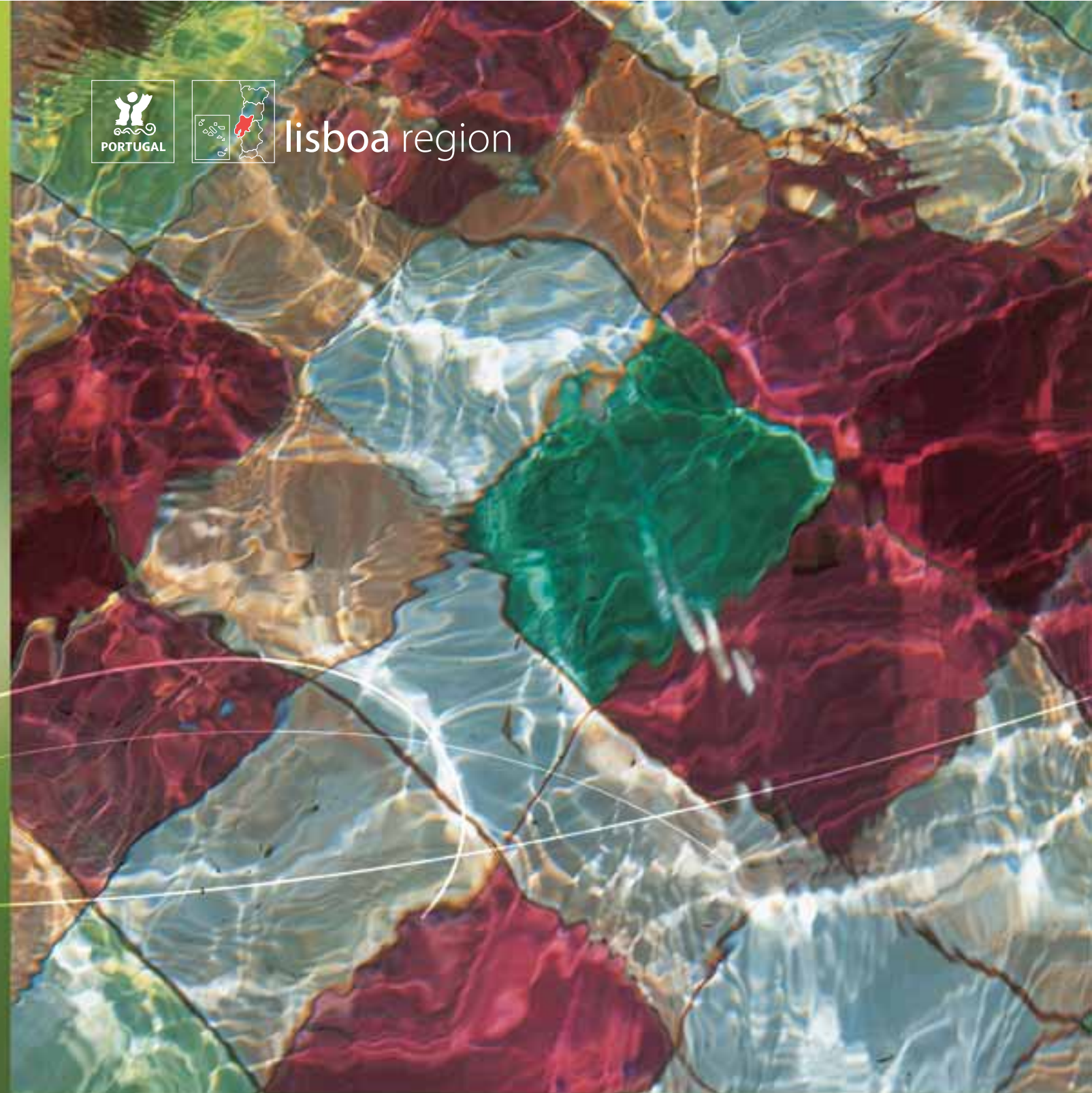


lisboa region

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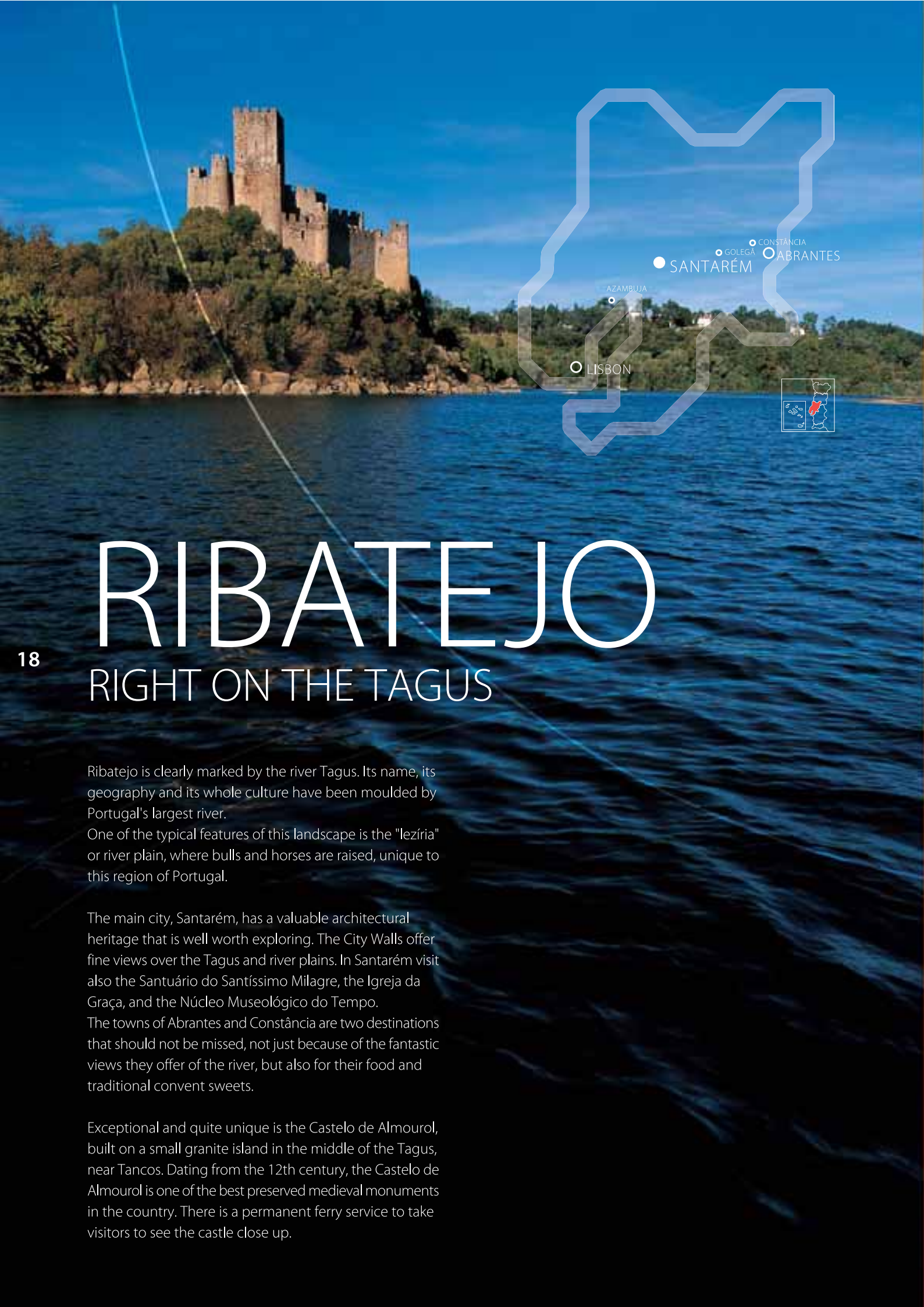
lisboa region



# LISBON

A VERY PERSONAL EXPERIENCE





# RIBATEJO

## RIGHT ON THE TAGUS

Ribatejo is clearly marked by the river Tagus. Its name, its geography and its whole culture have been moulded by Portugal's largest river.

One of the typical features of this landscape is the "lezíria" or river plain, where bulls and horses are raised, unique to this region of Portugal.

The main city, Santarém, has a valuable architectural heritage that is well worth exploring. The City Walls offer fine views over the Tagus and river plains. In Santarém visit also the Santuário do Santíssimo Milagre, the Igreja da Graça, and the Núcleo Museológico do Tempo.

The towns of Abrantes and Constância are two destinations that should not be missed, not just because of the fantastic views they offer of the river, but also for their food and traditional convent sweets.

Exceptional and quite unique is the Castelo de Almourol, built on a small granite island in the middle of the Tagus, near Tancos. Dating from the 12th century, the Castelo de Almourol is one of the best preserved medieval monuments in the country. There is a permanent ferry service to take visitors to see the castle close up.



lisboa region

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## INTRODUCTION

TO KNOW THE LISBON REGION IS TO ENTER A WORLD OF POSSIBILITIES: YOURS.

LISBON IS A REGION THAT ALWAYS OFFERS SOMETHING SPECIAL TO THOSE WHO VISIT, FEEL AND DISCOVER IT.

HOWEVER MANY DESCRIPTIONS YOU HAVE READ, YOU WILL ONLY KNOW WHICH LISBON IS YOUR OWN WHEN YOU ARRIVE. AND IT HAS SO MUCH TO OFFER:

TRADITION, ROMANCE, CULTURE, ENTERTAINMENT, MODERN LIFE, EXCITEMENT, COLOUR, FOOD, HISTORY, NATURE AND MUCH, MUCH MORE

IN THIS BROCHURE, WE OFFER YOU JUST SOME POINTERS FOR YOUR VISIT TO LISBON. EVERYTHING IS WAITING FOR YOU TO TRY. THIS IS OUR PROMISE:

LISBON IS AN EXPERIENCE THAT IS NEVER REPEATED, BUT ALWAYS RENEWED.





# TEMPLÁRIOS

## RELIVING THE PAST

Closely connected with the Order of the Templários, this zone has numerous vestiges and buildings that bear witness to their presence. The influence of this Order during the Age of Discoveries in the 15th and 16th centuries had an important impact on the cultural and historical legacy of this region, particularly in Sacred Art.

The Convento de Cristo, in Tomar, is the finest example of Templar art and has been a UNESCO World Heritage site since 1983. Particularly interesting are the Charola and the Castelo dos Templários, but there are other fundamental sites, such as the castles of Torres Novas and Sertão, the parish church of Sardoal, the church of São Pedro da Sertão, and many others.

In a region with ten municipalities, there are also many other attractions, such as the excellent regional food and the wide range of crafts. Throughout the region, we can find numerous and valuable signs of its wealth and importance in the past as well as interesting festivals, such as the "Festa dos Tabuleiros" in Tomar.

Nature is also an attraction in the region, with several natural parks, such as the Reserva Natural do Paúl do Boquilobo, which is a UNESCO Biosphere Reserve.

# FULL OF HISTORY

Heading down to the riverside, you will reach a neighbourhood that is exceptionally rich in heritage: Belém.

One of the most imposing symbols of the city is here, the Mosteiro dos Jerónimos, built by Manuel I in the magnificent Praça do Império. Today, in the wings of the former monastery, recognized as a World Cultural Heritage site by UNESCO, are the Museu da Marinha and the Museu de Arqueologia. The monastery church, the Church of Santa Maria de Belém, is a magnificent church with extraordinary light.

Also in Belém, on the river bank, you will find another marvellous Manueline monument, again classified as a UNESCO World Heritage site: the Torre de Belém.

Much more recent, from 1960, but still invoking the grandeur of the Age of Discoveries and its most famous figures, is the Padrão dos Descobrimentos in Belém.

Modern life and cultural entertainment are also present at the CCB – Centro Cultural de Belém.

In Belém, try the Pastéis de Belém, delicious, traditional pastries that attract many hungry visitors.



# COSTA AZUL

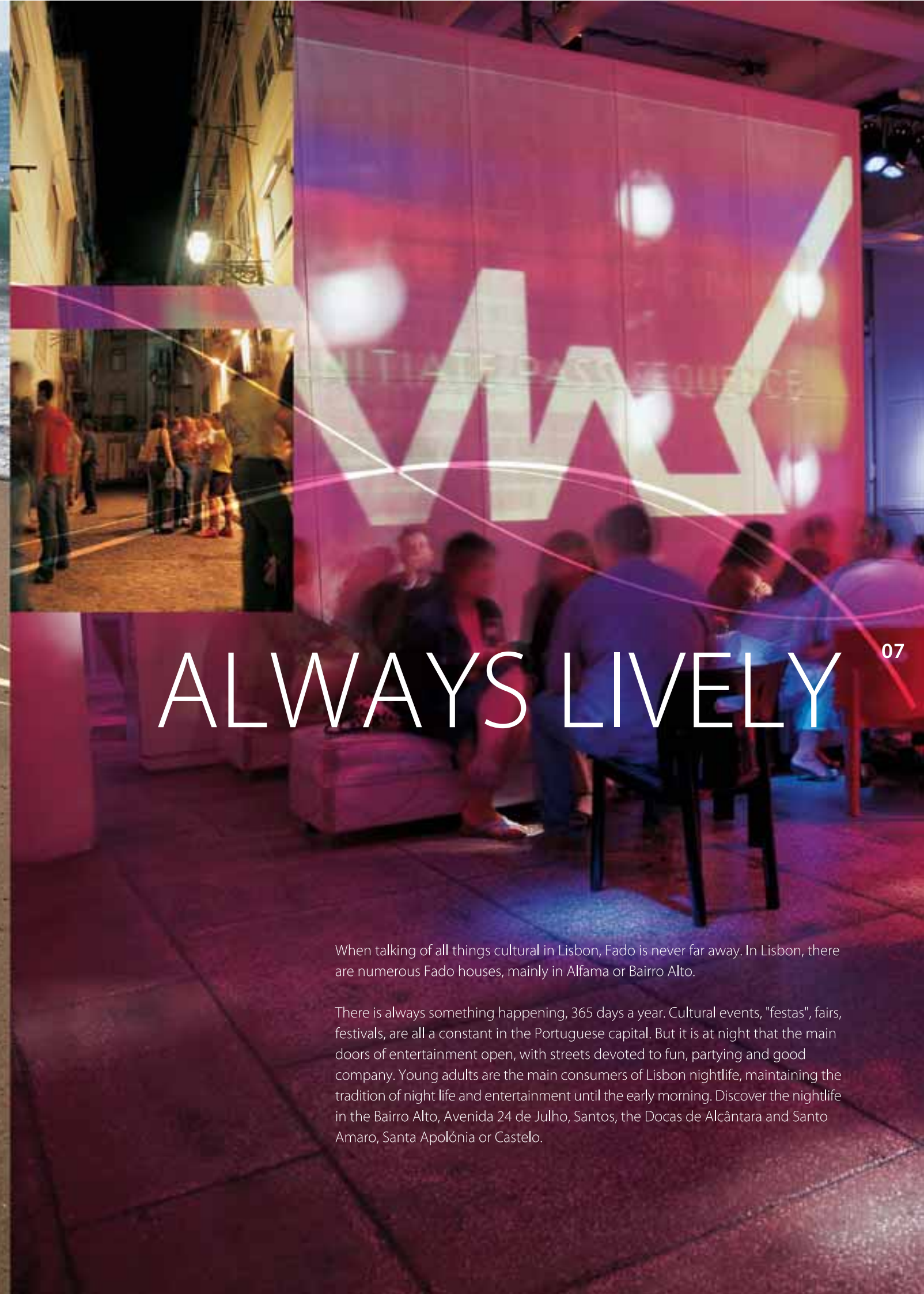
## BLUE LIKE THE SEA

14

The Costa Azul has a wide natural diversity of landscapes and environments, favoured by the presence of the sea, and is a wonderful region to discover. It has unforgettable beaches, two estuaries, mountains and even a peaceful plain inland. The area boasts a mixture of colours that radiate a unique light.

Beaches can often be a decisive factor in a holiday and this region of Portugal offers a wide range of fantastic beaches. One of the most popular beach destinations is the Costa de Caparica. Other popular beaches are Praia do Meco and Portinho da Arrábida. Discover the beaches in Sesimbra and enjoy some of the most exciting food in Portugal, based on the very best fish and shellfish.

One of the main attractions of the Reserva Natural do Estuário do Tejo is its flamingo colony. Further south, the Sado Estuary has another important Nature Reserve. Dolphins live in this vast estuary, to the delight of both adults and children – they are unique in Portugal and very easily observed. Arrábida, with its Hills and Natural Park, is a great spectacle of nature, a celebration of beauty that can be enjoyed by all visitors. The Costa Azul is an exceptional destination for golf, with five courses offering excellent conditions.



# ALWAYS LIVELY

07

When talking of all things cultural in Lisbon, Fado is never far away. In Lisbon, there are numerous Fado houses, mainly in Alfama or Bairro Alto.

There is always something happening, 365 days a year. Cultural events, "festas", fairs, festivals, are all a constant in the Portuguese capital. But it is at night that the main doors of entertainment open, with streets devoted to fun, partying and good company. Young adults are the main consumers of Lisbon nightlife, maintaining the tradition of night life and entertainment until the early morning. Discover the nightlife in the Bairro Alto, Avenida 24 de Julho, Santos, the Docas de Alcântara and Santo Amaro, Santa Apolónia or Castelo.





# ESTORIL

ONE PLACE ONE THOUSAND SENSATIONS

The Costa do Estoril is waiting for you to discover it. Considered by many to be the Portuguese Riviera, together Estoril and Cascais are full of glamour and charisma. It offers a diversity of attractions and experiences along the whole of this very beautiful Coast.

Essentially, Estoril is a destination with a life of its own, providing a range of experiences, with romantic Sintra and the capital just a short hop away.

From Carcavelos beach, ideal for surfing, to Guincho, a paradise for windsurfers, visitors can discover many other beaches for themselves, all different but all offering the promise of pleasure.

Its historical heritage, particularly the delicious and picturesque town of Cascais, is one of the great interests of the area, with important architectural and artistic

works. There is a wide variety of cultural activities, including the Casino do Estoril, one of the most important entertainment venues in Portugal. Nature also takes pride of place, with the Parque Natural Sintra-Cascais where an endless number of leisure activities associated with ecotourism are offered.

Culture and entertainment are a constant in Estoril, supported by varied and high quality accommodation, complemented by excellent food.

With its magnificent golf courses, considered to be among the best in Europe, golf is the major sport on the Costa do Estoril.

The almost inexhaustible choice of leisure activities are complemented by some of the best infrastructures including the Conference Centre, the Marina and the international Racetrack.

FOR THOSE WHO ARE LOOKING FOR HECTIC HOLIDAYS, FULL OF ADRENALIN AND LOTS OF ADVENTURE, WE PROPOSE FIVE FANTASTIC DAYS, IN WHICH EVERY HOUR IS LIVED TO THE FULL.

# GROUP SPIRIT

## SUGGESTIONS FOR DAY 1

- Surf in Guincho during the morning.
- Rest and sunbathe at a beach bar.
- Windsurf in Guincho during the afternoon.
- The day's stories on Praça do Camões and drinks in the bars of the Bairro Alto

## SUGGESTIONS FOR DAY 2

- Wake up nice and early to go and surf in Ribeira D'Illhas.
- Lunch in Ericeira.
- Drive up to Peniche to the Praia dos Supertubos.
- Enjoy the lively nightlife in São Martinho do Porto.
- Return to Lisbon, driven by the designated driver.

## SUGGESTIONS FOR DAY 3

- Take advantage of the excellent beaches south of Lisbon, visiting Praia da Nova Vaga.
- Visit the other beaches on the Costa de Caparica, looking out for the best spots.
- Dinner and drinks at a beach bar.

## SUGGESTIONS FOR DAY 4

- Stay in Lisbon, and visit the Castelo de São Jorge.
- Walk around the Alfama.
- Have dinner in the Bairro Alto, do some shopping and have a drink.
- Dance until you drop at a disco on Av. 24 de Julho

## SUGGESTIONS FOR DAY 5

- Wake up nice and late.
- Brunch in the Chiado.
- Visit Belém and the famous Torre de Belém.
- Visit the Centro Cultural de Belém and the Museu do Design.
- Have dinner with a view over the river.
- Enjoy your last night at the Docas and 24 de Julho.





# CLOSE BY

## AMADORA

Amadora is now a highly developed town, although it has preserved some interesting monuments. Visit the Portas de Benfica, the Casa Roque Gameiro, the Caves de Carenque and the Museu Municipal de Arqueologia da Amadora.

## ERICEIRA

Ericeira is a favourite destination for seaside holidays. This coastal town, founded eight centuries ago, is 50 kilometres north of Lisbon and offers a perfect atmosphere for visitors to relax and enjoy themselves.

## LOURES

The municipality of Loures has several points of interest, from rural constructions, such as quintas, mills and wine cellars, to other monuments of significance for Portuguese history and culture. Try the renowned Bucelas wine, a light and aromatic white.

## MAFRA

Mafra has one of the most magnificent monuments in the whole world: the Palácio Nacional de Mafra, also known as the Convento de Mafra. In Mafra you can also visit the Tapada Nacional park.

## ODIVELAS

In Odivelas you will find the Mosteiro de Odivelas – Convento de Dom Dinis, the construction of which began in 1295 on the orders of King Dinis. King Dinis is buried in a fine Gothic tomb in the Monastery.

## OEIRAS

The municipality of Oeiras has various points of cultural interest and pleasant locations for sports and leisure. Visit the forts of São Bruno and São Julião da Barra, the Palácio do Marquês de Pombal and the fantastic natural swimming pool, the Piscina Oceânica.

## VILA FRANCA DE XIRA

A land of horses and bulls, the municipality of Vila Franca de Xira is a perfect place to visit “quintas” and farms, and also offers rich regional gastronomy and excellent wines. You will find several places of cultural interest, including the Santuário do Senhor da Boa Morte.

## CONTACTS

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Internet: [www.estorilcoast.com](http://www.estorilcoast.com)

REGIÃO DE TURISMO LEIRIA/FÁTIMA  
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Internet: [www.rtleiriafatima.pt](http://www.rtleiriafatima.pt)

COSTA AZUL/REGIÃO DE TURISMO DE SETÚBAL  
Tel. (351) 265 53 91 20  
Internet: [www.costa-azul.rts.pt](http://www.costa-azul.rts.pt)

CÂMARA MUNICIPAL DE SINTRA  
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Internet: [www.cm-sintra.pt](http://www.cm-sintra.pt)

REGIÃO DE TURISMO DOS TEMPLÁRIOS  
Tel. (351) 249 32 90 00  
Internet: [www.rtemplarios.pt](http://www.rtemplarios.pt)

REGIÃO DE TURISMO DO OESTE  
Tel. (351) 262 955 060/6  
Internet: [www.rt-oeste.pt](http://www.rt-oeste.pt)

REGIÃO DE TURISMO DO RIBATEJO  
Tel. (351) 243 330 330/1  
Internet: [www.rtribatejo.org](http://www.rtribatejo.org)

COMISSÃO MUNICIPAL DE TURISMO DE VILA FRANCA DE XIRA  
Tel. (351) 263 27 60 43/53  
Internet: [www.cm-vfxira.pt](http://www.cm-vfxira.pt)

JUNTA DE TURISMO DA ERICEIRA  
Tel. (351) 261 863 122  
Internet: [www.ericeira.net](http://www.ericeira.net)

CÂMARA MUNICIPAL DA AMADORA  
Tel. (351) 21 436 90 00  
Internet: [www.cm-amadora.pt](http://www.cm-amadora.pt)

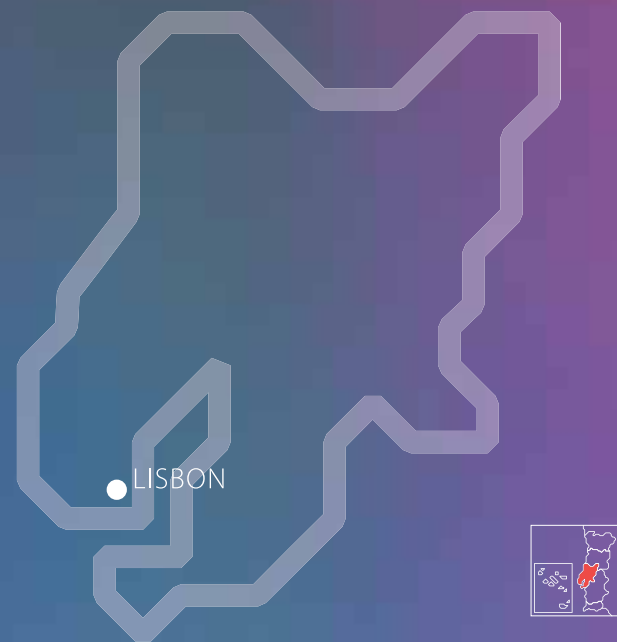
CÂMARA MUNICIPAL DE LOURES  
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CÂMARA MUNICIPAL DE MAFRA  
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CÂMARA MUNICIPAL DE ODIVELAS  
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# LISBON

## A CITY FOR WALKING

04

Lisbon is known as the white city, thanks to its unique light. The clear light and the kind climate allow for marvellous walks all over the city.

The Bairro Alto is one of the most characterful and attractive neighbourhoods in the city. Typical and popular, the Bairro Alto also offers entertainment and modern boutiques.

After the Bairro Alto, stroll down to the Chiado, where you will find an elegant neighbourhood that is a hub for the city's young people, artists and intellectuals. The Carmo neighbourhood, next to the Chiado, has some of the most fascinating historical sites in the city, such as the Convent and Church of Carmo or the Museu Arqueológico do Carmo.

In the Baixa is the city's traditional shopping district where visitors can stroll around the streets. Rua Augusta is the main artery of the Baixa Pombalina leading from the Terreiro do Paço to the beautiful Praça do Rossio.

Just north of Rossio, discover Avenida da Liberdade. The Avenida is home to exclusive international boutiques to tempt and inspire.

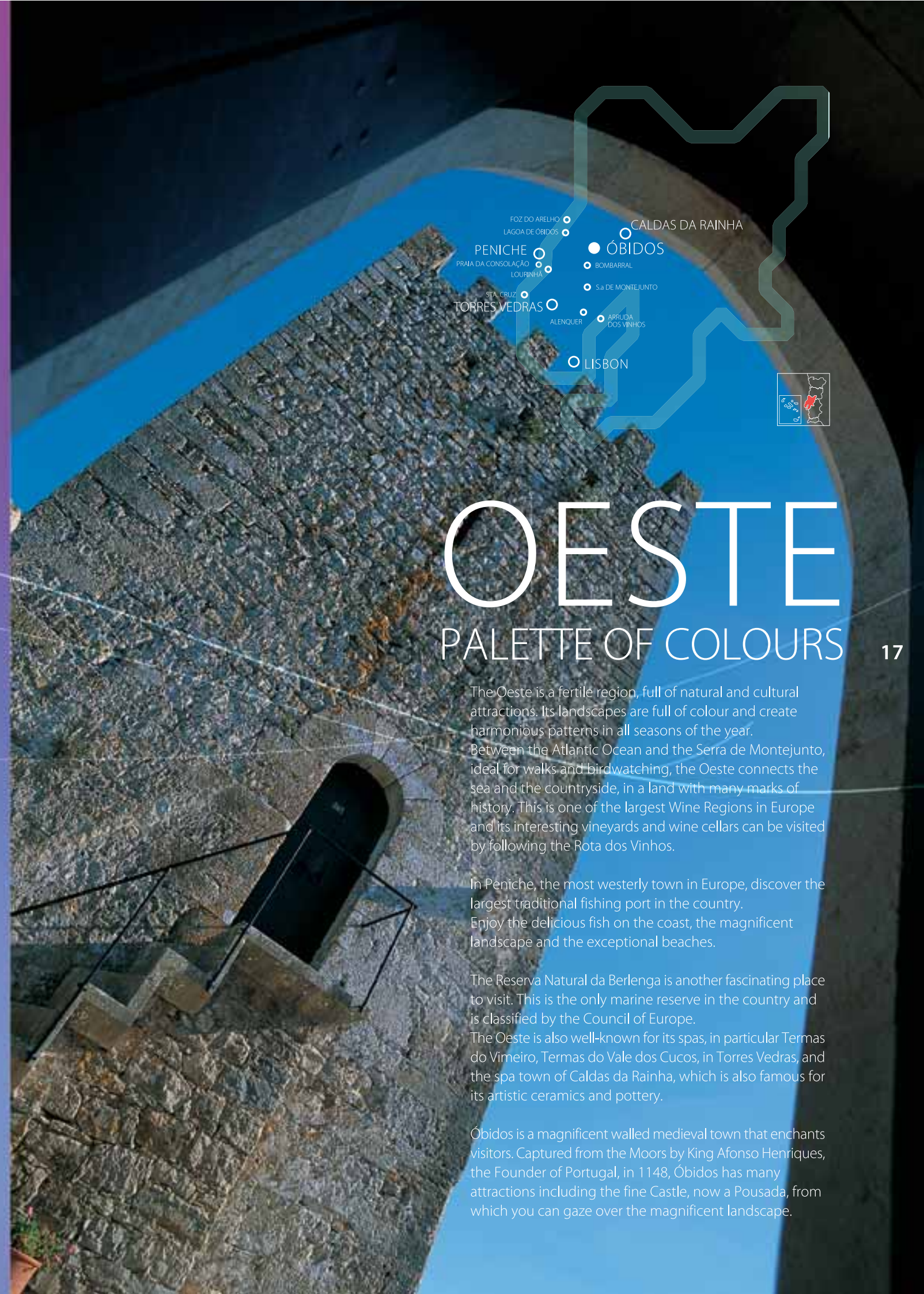
From the Baixa to the top of the hill in Alfama, you will find typical Lisbon streets and alleys and extraordinary views. As soon as the streets start to rise, we find the Sé Cathedral, an imposing and austere monument that draws in the curious visitor.

Continuing up the hill, we come across the viewpoints of Portas do Sol and Santa Luzia. Finally we arrive at Castelo de São Jorge, where the History of the city began.

On the Costa do Castelo, you will find other viewpoints with magnificent views and friendly atmospheres.

The food in Lisbon is, in all senses, original and very tasty. Try the steaks and the varied recipes for salt cod.

Walk through the streets in the autumn or winter to find the famous Roast Chestnuts, sold in the streets. While strolling the streets you will also discover one of the most original elements of the city and one of the symbols of Portuguese culture: the calçada portuguesa - the traditional black and white stone mosaic pavements.



# OESTE

## PALETTE OF COLOURS

17

The Oeste is a fertile region, full of natural and cultural attractions. Its landscapes are full of colour and create harmonious patterns in all seasons of the year.

Between the Atlantic Ocean and the Serra de Montejuento, ideal for walks and birdwatching, the Oeste connects the sea and the countryside, in a land with many marks of history. This is one of the largest Wine Regions in Europe and its interesting vineyards and wine cellars can be visited by following the Rota dos Vinhos.

In Peniche, the most westerly town in Europe, discover the largest traditional fishing port in the country. Enjoy the delicious fish on the coast, the magnificent landscape and the exceptional beaches.

The Reserva Natural da Berlenga is another fascinating place to visit. This is the only marine reserve in the country and is classified by the Council of Europe.

The Oeste is also well-known for its spas, in particular Termas do Vimeiro, Termas do Vale dos Cucos, in Torres Vedras, and the spa town of Caldas da Rainha, which is also famous for its artistic ceramics and pottery.

Óbidos is a magnificent walled medieval town that enchants visitors. Captured from the Moors by King Afonso Henriques, the Founder of Portugal, in 1148, Óbidos has many attractions including the fine Castle, now a Pousada, from which you can gaze over the magnificent landscape.





The Parque das Nações is also ideal for all ages. In the eastern part of Lisbon - the riverside venue for Expo98 - we can find this extensive cultural, entertainment, residential and corporate complex, which has become a focus of the city's cultural life and an example of integrated modern living.

Besides the gardens along the riverfront, we can also find facilities such as the Pavilhão Atlântico, the Oceanário de Lisboa, the Pavilhão do Conhecimento and the Torre Vasco da Gama.

Also on the riverside are the attractive, restored Docas, a favourite meeting place for the people of Lisbon.

Lisbon now offers excellent conditions and facilities for

professional actions and events, such as the FIL exhibition centre or the remodelled and modernised Centro de Congressos de Lisboa.

In Lisbon there are also many gardens and parks for you to discover. The most important, considered the city's lungs, is the Parque Natural de Monsanto.

This extensive nature reserve is an excellent place for enjoyable walks and also has several urban parks. These parks offer visitors a wide range of facilities for leisure and sports, including activities for children and entertainment for all ages.

# MODERN LIFE



# SINTRA

## PURE DAZZLEMENT

Sintra is an inexhaustible attraction. It was designated World Heritage by UNESCO in 1995, in the category of Cultural Landscape.

What makes Sintra such an exceptional place?

It is exuberant in all senses of the word, the perfect fusion between the richness of nature and magnificent monuments, creating a combination of extreme beauty.

Starting in the Historic Town Centre, is the Paço Real, one of the many monumental buildings in the region.

To stroll through the centre of the town is to travel through a magical world, in which the smallest details are of great significance. All this surrounded and watched over by the grandeur of the Serra de Sintra, its luxurious vegetation offering countless different walks.

High in the Serra, on one of its steep peaks, we can find the Palácio da Pena. The monuments that are part of the area classified by UNESCO are numerous and all deserve a visit. But it is a walk through the town and up into the Serra that shows its unique charm.

The proximity of the sea also makes the region a unique destination, since it has some of the most beautiful beaches in Portugal, including Praia Grande and Praia das Maças. To reach this beach from Sintra, you can take a wonderful old-fashioned tram along the old restored track from Sintra to the sea. Further south is Cabo da Roca, the most westerly point in mainland Europe, immortalised by Camões as the place "where the earth finishes and the sea begins...".

For pure fascination, Sintra is the solution.



FOR COUPLES, WE PROPOSE FIVE UNIQUE, CHARMING AND UNFORGETTABLE DAYS, FULL OF RICH EXPERIENCES. THE CHARISMA OF THE REGION, ITS HISTORY, CULTURE AND MODERN LIFE, ASSOCIATED WITH THE EXCELLENCE AND QUALITY OF ITS TOURISM PRODUCTS.

START IN THE CITY, DISCOVER THE REGION AND FINISH AGAIN IN THE CITY, NOW WITH A NEW VISION.



# TO CELEBRATE ROMANCE

## SUGGESTIONS FOR DAY 1

- Visit the Castelo de São Jorge and enjoy the magnificent view over the city.
- Walk through the streets of Alfama - don't worry you won't really get lost.
- Explore the Terreiro do Paço and the Baixa Pombalina.
- Return to the Alfama and have dinner in a typical restaurant with Fado.
- After dinner, go shopping in the boutiques on Rua do Norte, in the Bairro Alto.
- Finish the night with a drink or two in one of the many bars in the Bairro Alto.

## SUGGESTIONS FOR DAY 2

- Visit the Museu dos Coches, in Belém, and learn about the history of this means of transport and the beautiful coaches in the museum.
- Visit the Mosteiro dos Jerónimos, the city's most striking monument.
- For something more modern, visit the Museu do Design, in the Centro Cultural de Belém.
- Enjoy some of the famous Pastéis de Belém and buy an extra box or two.
- Drive along the Tagus, out of the city, stopping at the Torre de Belém.
- Check in at a Hotel in Cascais

- Dine in the town and go out for a drink.

## SUGGESTIONS FOR DAY 3

- Wake up late and take a swim in the Hotel swimming pool.
- Go shopping in Cascais.
- Go up to Sintra and learn about its World Heritage, and don't miss the Palácio da Pena.
- Have something to eat in the centre of the town and try one of the many regional sweets: queijadas, travesseiros...
- Drive up to Óbidos and stay around there.

## SUGGESTIONS FOR DAY 4

- Walk around Óbidos, and explore the town walls.
- Visit the Mosteiro de Alcobaça in all its splendour.
- Visit Fátima, mark of faith.
- Drive up to Tomar and visit the Convento de Cristo.
- Stay the night near Tomar.

## SUGGESTIONS FOR DAY 5

- Drive south, down to Arrábida.
- Have some delicious fish or shellfish in Sesimbra for lunch.
- Design a tile at a pottery workshop.
- Return to Lisbon and visit the Parque das Nações.
- Go shopping in a Shopping Centre.
- Finish your holiday with dinner by the river, followed by dancing.

# LEIRIA FÁTIMA

## PORTUGUESE FAITH

The Region of Leiria/Fátima has a wealth of interesting sites. This Region boasts a wealth of natural attractions, including its incomparable coast. Majestic monuments and places of religious pilgrimage, offering spiritual comfort, fascinate and inspire. In Leiria/Fátima you will discover special values and emotions.

Two of the most important National Monuments can be found in the region of Leiria/Fátima, both commemorating landmarks in Portuguese history and both recognized as World Heritage sites by UNESCO: the Monastery of Batalha and the Monastery of Alcobaça.

Nature is an inevitable part of any visit to the region, and particularly worth a visit are the Parque Natural das Serras de Aire e Candeeiros, the Serra de Sicó and the Pinhal de

Leiria. Other sites of interest are Termas de Monte Real, the Monumento Natural das Pegadas de Dinossauros and various Caves open to the public in the Parque Natural das Serras de Aire e Candeeiros.

Another obvious reason to visit the region is its sun and sea and its stunning beaches, such as Nazaré, São Pedro de Moel, São Martinho do Porto and Osso da Baleia. Unforgettable also is the hand-blown glass to be discovered on the Rota do Vidro.

Visit the so-called Altar of the World: Fátima, where spiritual comfort is sought under the watchful eye of the Virgin Mary. Every year, millions of pilgrims visit Fátima moved by ardent faith to visit the city of peace.





FAMILY HOLIDAYS ARE MADE OF BALANCE AND LOTS OF AFFECTION. IN THE LISBON REGION, THERE ARE COUNTLESS POSSIBILITIES FOR FAMILIES, GUARANTEEING THE BEST FOR PARENTS AND FUN FOR CHILDREN.

FOR HOLIDAYS FULL OF FUN, WE SUGGEST THAT YOU STAY IN CASCAIS AND DIVIDE YOUR DAYS BETWEEN SIGHTSEEING AND DOING THINGS, SEEKING ALTERNATIVES TO SATISFY EVERYBODY'S INTERESTS.



# ENTERTAINMENT AND TRANQUILLITY

## SUGGESTIONS FOR DAY 1

- Visit the Oceanário.
- Travel on the cable car and feel the thrill.
- While you are at the Parque das Nações, visit the Pavilhão do Conhecimento, full of educational experiments.
- In the centre of Lisbon, take the tram to the Castelo de São Jorge.
- Walk around the Alfama.
- Relax at the end of the afternoon at the hotel swimming pool.

## SUGGESTIONS FOR DAY 2

- Visit Sintra and Museu do Brinquedo (Toy Museum).
- Walk up to the Palácio da Pena.
- Drive to Cabo da Roca and ask for the certificate from the most westerly point in Europe.
- Spend the afternoon at Praia Grande.
- Have some fine suckling pig in Negrals for dinner.

## SUGGESTIONS FOR DAY 3

- Mother and daughter go shopping in the Baixa, while father and son go to the Benfica stadium to buy an official team shirt.

- Mother and daughter visit the Museu dos Coches. The father takes the son to a "driving range".
- They all meet up in Belém for some delicious Pastéis de nata.
- Dinner in the Docas.

## SUGGESTIONS FOR DAY 4

- Drive to Serra D'Aires to look for dinosaur tracks.
- "Attack" the Castelo de Almourol.
- Learn about Lusitanian horses and have a riding lesson in Golegã.

## SUGGESTIONS FOR DAY 5

- Drive south to the Sado Bay.
- Look for dolphins in the estuary.
- Explore the Serra da Arrábida, finishing at Praia do Meco.
- Let the children run and play as much as they can.
- Finish the holidays on a perfect note with supper at a beach bar, watching the sunset.

THE LISBON REGION HAS EXCELLENT GOLF COURSES, DESIGNED BY SOME OF THE MOST PRESTIGIOUS ARCHITECTS IN THE WORLD. THE SUITABLE CLIMATE AND THE EXCELLENT INFRASTRUCTURES MAKE THE REGION AN EXCEPTIONAL DESTINATION FOR GOLF LOVERS.

WE SUGGEST FIVE DAYS OF GOLF IN THE MORNING, BALANCED BY OTHER GOLDEN MOMENTS DURING THE REST OF THE DAY.



# BEYOND GOLF, MAXIMUM ENTERTAINMENT

## SUGGESTIONS FOR DAY 1

- Wake up early to play golf.
- Lunch in the Clubhouse.
- Visit Sintra and have some typical queijadas for tea.
- Dinner in Lisbon.
- Enjoy the numerous clubs and have a couple of drinks.

## SUGGESTIONS FOR DAY 2

- Start the day on a golf course.
- Lunch in the Clubhouse.
- Explore the café terraces in Estoril and the Cascais Marina.
- Dinner and gambling at the Casino do Estoril.

## SUGGESTIONS FOR DAY 3

- Wake up really early to play golf.
- Lunch in the Clubhouse.
- Drive up to Óbidos and buy a souvenir to take home.

- Try some wines at one of the local quintas.
- Stay on for dinner after the wine tasting.

## SUGGESTIONS FOR DAY 4

- Take the day off from golf - go to visit and get to know Lisbon.
- Walk around the Chiado and have lunch in the neighbourhood.
- Visit the Baixa and Alfama.
- Walk or ride up to the Castelo de São Jorge.
- Have dinner and drinks in the Docas.

## SUGGESTIONS FOR DAY 5

- Wake up early to play golf.
- Lunch in the Clubhouse.
- Spend the afternoon at Praia do Meco.
- To finish your holidays, have a great dinner in the Bairro Alto and visit its bars until the early hours.